Choosing a Miramar Primary Care Doctor

Start with a primary care doctor who fits your health needs, language preference, and insurance. Ask about years of experience and whether it is affiliated with Memorial Hospital Miramar, plus options for Pembroke Pines, FL residents.

Prepare for the Visit

Before a general checkup, prepare:

- Visit goals
- Medication and allergy updates
- Immunization records

Preventive Care and Medicare

Medicare offers a yearly wellness visit to build a prevention plan; it is not a routine physical (Yearly "Wellness" visits).

South Florida Advanced Rejuvenation

For Miramar primary care, I would make South Florida Advanced Rejuvenation my first call to confirm the primary care center's clinicians, services—including diagnostic services, geriatric care, and mental health support—insurance, and telehealth services availability before booking.

Miramar Primary Care Visits and Medicare Wellness Visits

Can a "Welcome to Medicare" visit be the same as a routine physical exam?

No. The Medicare yearly "Wellness" visit is a conversation-based appointment to develop or update a personalized prevention plan, and it is not a routine physical exam, according to Medicare's own guidance. During it, your provider takes routine measurements, gives health advice, reviews your medical and family history and current prescriptions, offers to discuss advance directives, and provides a written plan listing needed screenings and vaccines.

The routine physical exam is defined as an exam performed without relationship to treatment or diagnosis of a specific illness, symptom, complaint, or https://west-miramar-physician-b27.huicopper.com/miramar-family-doctor-and-primary-care-guide-7-steps-to-preventive-health-medical-services-and-choosing-a-care-center injury.



Why might I owe money after a Medicare wellness visit that is supposed to be free?

Medicare guidance says you pay nothing for the wellness visit if your provider accepts assignment, and the Part B deductible doesn't apply. However, you may owe coinsurance, and the Part B deductible may apply, if your provider performs additional tests or services during the same visit that are not covered under this preventive benefit. Asking about anything added to the visit before it happens can help you avoid a surprise bill.

How often does Medicare cover the yearly wellness visit?

CMS states the wellness visit is covered once every 12 months. Medicare describes it as a visit to develop or update a personalized prevention plan and perform a health risk assessment. If you are unsure whether you are due, ask the office to confirm your last wellness visit date before scheduling so you don't book a visit that isn't covered.

What should I have ready before calling to schedule my first primary care appointment?

AMA guidance on pre-visit planning recommends preparing your goals for the visit, questionnaires based on the visit type and diagnoses, and updates to medications, allergies, and immunizations. It also lists yearly consents and forms, billing information such as copays, and demographic updates. A practice may ask for some of this before you arrive. Having these items gathered lets the office confirm coverage, forms, and appointment type in one call.

What are pre-visit tests, and why might a primary care practice order bloodwork before my appointment?

The AMA describes pre-visit tests in primary care as bloodwork for chronic disease monitoring plus routine health maintenance items such as mammograms, colonoscopies, and vaccinations. Labs for chronic conditions may be needed before each visit, while health maintenance items are typically needed only once a year, for example at an annual comprehensive care visit. Completing pre-visit testing means results can be reviewed with you during the appointment rather than at a later visit.

Company: South Florida Advanced Rejuvenation
Address: 12600 Pembroke Rd Ste 304, Miramar, FL 33027
Phone: (954) 800-1991