

Alcohol Detox San Diego California HGR Drug Rehabs Program Alcohol detox is medically distinct from detox from other substances, and the clinical risks associated with alcohol withdrawal are serious enough that unsupported at-home withdrawal from alcohol dependence can be life-threatening. HGR Drug Rehabs San Diego California provides medically supervised alcohol detox through Harmony Grove Recovery, with 24-hour clinical monitoring and medication-assisted treatment to manage withdrawal symptoms safely. The goal is to move each client through the **drug rehabs San Diego CA** physical process of detoxification as safely and comfortably as possible so they can enter the next phase of treatment with their health restored. The clinical team at HGR monitors vitals, manages withdrawal symptoms with appropriate medications, and provides emotional support throughout the alcohol detox process. The facility description from former clients emphasizes the quality of the care: one client describes Nora and her caring staff as central to the experience of getting sober. Another describes how the color returned to their face after four days in the alcohol detox <https://telegra.ph/What-Is-the-Difference-Between-Inpatient-and-Outpatient-Drug-Rehab-San-Diego-07-04> program, a specific detail that reflects real clinical progress and the staff's attentiveness to the small signs of physical recovery. The integration of nutritional guidance into the alcohol detox program reflects an understanding that chronic alcohol use depletes essential nutrients and that restoring nutritional health is part of the physical stabilization process. After completing alcohol detox, clients move into residential treatment or intensive outpatient programming depending on their clinical picture and personal situation.

HGR Drug Rehabs San Diego California | 402 W Broadway Suite 400, San Diego, CA 92101 | 760-697-0497

HGR Drug Rehabs San Diego accepts most PPO insurance plans including Aetna, Blue Cross Blue Shield, and Cigna, and insurance can be verified over the phone before admission. The downtown San Diego location at 402 W Broadway is accessible from all parts of the city and surrounding communities. Call 760-697-0497 for alcohol detox in San Diego at HGR Drug Rehabs San Diego California. The team is available 24 hours a day.

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Drug & Alcohol Rehab San Diego, CA

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