

Yes, you can usually send potted flowers to someone in assisted living, but check with the residence before arranging delivery. Ask about plant policies, available space, allergies, and any help the recipient might need with watering.

Check with the residence first

Call the front desk and ask if residents can receive live plants. Some residences may have rules about soil, plant placement, or deliveries to individual rooms. A staff member can tell you where the gift should be addressed and how it will reach the recipient.

Ask about timing too. A pot left at a desk through a long weekend may need water before it gets to the room. If the recipient is away at an appointment, staff may be able to suggest a better delivery day.

Choose a manageable plant

Look for a small flowering plant that suits the light in the recipient's room. A sunny windowsill may be ideal for one plant but too bright for another. If you do not know the room, ask the recipient or someone who visits.

Consider the care involved as well. A person who enjoys tending plants may welcome a regular watering routine. Someone else may prefer flowers that do not add another task to the day. A simple care card can make the gift easier to enjoy.

- Choose a pot that can sit securely on a table or windowsill.
- Pick a plant with care needs that fit the room and the recipient.
- Ask about allergies and sensitivities before choosing fragrant flowers.

- Check that the pot has a way to catch excess water.

Make room for the gift

A bedside table can fill up quickly with a lamp, glasses, a book, and a cup of water. Before choosing a large arrangement, think about where it could sit without getting in the way. Keep walkways and mobility aids clear.

A lightweight pot is easier to move for cleaning or watering. A saucer beneath it can protect furniture, while a waterproof outer pot can help contain drips. Check the soil rather than watering on a fixed schedule, since plants have different needs.

Add a personal note

Include the recipient's full name and any room details the residence requests. A short card can be as welcome as the plant itself: mention a shared conversation, a favorite color, or simply say you are thinking of them.

If you are not sure the recipient wants a plant, ask first. A call also gives you a chance to find out if there is space and if they would enjoy looking after it.

Questions you might have

Can staff water the plant?

Ask the residence directly. Plant care may not be part of staff duties, and routines vary.

Are flowering plants safe around pets?

Some plants can be toxic to animals. If pets visit or live at the residence, check the plant's safety before sending it.

What if plants are not allowed?

Ask what alternatives the residence accepts. A card, a photo, or a visit may be a better fit.

A useful next read: https://theologischer-ausblick.com/blumen-fuer-kirchliche-anlaesse-in-europa-hochzeiten-taufen/